

STEP SHOW

WEST COAST NATIONAL YOUTH STEP

May 6th 2023

Stepping For History Tradition & Pride

High School; Middle School; Elementary; Community Step Teams,

Thank you for your interest in the...

2023 Best In The West National Youth Step Show Competition Saturday

May 6, 2023 in Las Vegas Nevada. The Best in the West is excited to invite youth step teams from all across the Nation to the wonderful city of Las Vegas Nevada to compete on one stage. In order to participate, all teams must complete and signed the team registration packet and all documents must be submitted to urbanheatacademy@gmail.com by the April 28th, 2023.

Important rules and Regulations:

1. Complete the forms and email all completed documents to urbanheatacademy@gmail.com.
2. The deadline to mail/email registration materials, including the **Registration Fee \$20.00 per athlete is due by April 28th 2023**. This payment can be submitted in the form of a Money Order or Certified Check and payable to Urban Heat Academy and mailed in to PO. Box 1172, Alameda CA 94501. There will be a \$50.00 LATE FEE if sent in after the deadline. Teams are allowed to substitute names as we understand team changes may occur due to unexpected circumstances, however teams can only add up to two people at a later date and again, coaches can ALWAYS substitute people.
 - All Names MUST match the deposit.
 - Coaches/Advisors: Please email the names of your step Team members along with a short one paragraph informational biography of the team, any accomplishments and awards with will be submitted into the media guide . We will match your names with BOTH your SIGNED Parent Registration Forms and Deposit.
 - Medical Release Form:
While we do not require the entire medical release form to be completed, however each athlete must be sure to print their name along with the parent signature.



3. Your routine cannot be longer than 10 minutes. If ANY team is going to have props, you MUST inform the staff as it will have to be approved and ready during your Walk-Through times for proper storage. To be respectful of time walk-through times will begin at 9:00am each team will be allotted 10 minutes. Please note walk through times are final therefore late teams will forfeit their walk through time and have music ready and available.
4. Discounted Tickets for Parents are available at www.urbanheatacademy.com
 - \$25.00 per person 12 and older
 - \$ 15.00 Kids 2 and under

We highly encourage teams and coaches to create their own posters on their campus and social media outlets to get your school involved in supporting your step team! For teams who are traveling from afar, feel free to view the following links for information regarding hotel accommodations, attractions and transportation.

[Las Vegas Attractions](#)

5. There are only three categories: Elementary, Middle & High School, unfortunately there will be no subdivisions or gender specific. 1st place, 2nd place, and 3rd place in each subsection will receive trophies. The overall Elementary, Middle & High school with the highest scores will receive the **Cash Prizes!!**

\$1,000.0..... High School
\$500.0 Middle School
\$300.0 Elementary



6. Time Limit: All teams have 8-10 minutes for their performance. This includes intro and outro. **Please Time your show in advance!** We will have a timer at the judges table, if your team runs out and anyone from your team is on stage you will be deducted points.
7. All teams participating in the step show will be **required** to incorporate the importance of valuing History, Tradition & Pride.

Questions Contact Urban Heat Academy at (916) 546.5429 or

Email: urbanheatacademy@gmail.com



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Rules:

Each Team is allowed 8-10 minutes: time begins once the team is in position.

No Foul Language or obscene gestures. Teams must represent who they are and what key principals that they stand on. **Teams must send a message to other encouraging others to value History Tradition & Pride.**

Each team will be judged on the following...

Introduction:	5pts
Appearance:	10pts
Precision/Synchronization	20pts
Difficulty	20pts
Creativity:	10pts
Vocal Clarity	10pts
Enthusiasm:	10pts
Transitions:	10pts
Exit:	5pts
Total:	100pts

“GO HARD! Or GO HOME!”





Athlete Emergency Form

(Please Print Clearly in Blue or Black ink only)
Parent Consent & Media Release Form

Students Name _____ School: _____

Student's Date of Birth _____ Grade: _____

Parent Signature: _____ Parent Name _____

Address: _____ State: _____ Zip: _____

Home Phone: (____) _____ Work Phone: (____) _____ Cell Phone:

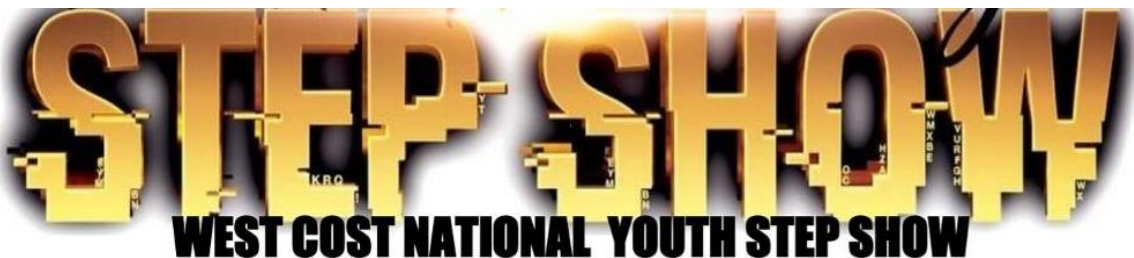
(____) _____

EMERGENCY CONTACT:

NAME: _____ RELATIONSHIP: _____

NUMBER (____) _____ - _____

AT OUR DISCRETION, IN THE EVENT OF AN EMERGENCY IF THE PARENT OR EMERGENCY CONTACT CANNOT BE REACHED WE WILL CONTACT AN AMBULANCE.



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Team Registration Form

Team Name: _____

Check One: Elementary Middle School High School

Coach Name: _____

Assistant Coach: _____

Contact Phone: (____) _____ - _____

Email: _____

Address _____

City _____ State: _____ Zip _____

Team Members:

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

11. _____

12. _____

13. _____

14. _____

15. _____

16. _____

17. _____

18. _____

19. _____

20. _____



Please email Registration to Urbanheatacademy@gmail.com
Urban Heat Academy P.O. Box 1172, Alameda, CA. 94501 Phone: (916) 546-5429:
<http://www.urbanheatacademy.com>

UHA MEDICAL RELEASE FORM

Participant's Name; _____ Date of Birth; ____/____/_____
Address; _____ City: _____
_____ State; _____ Zip; _____

EMERGENCY INFORMATION (Please include Area Code)

Father's Name; _____ Mother's Name _____
Father's Home Phone; (____) _____ Mother's Home Phone(____) _____
Father's Work Phone: (____) _____ Mother's Work Phone; (____) _____
Father's Cell Phone: (____) _____ Mother's Work Phone; (____) _____
Father's E-mail; _____ Mother's Email _____

In an Emergency, when parents cannot be reached, please Contact: Name: _____
_____ Relationship: _____ Home Phone: _____
(____) _____ Work Phone;(____) _____
Name: _____ Relationship: _____ Home
Phone: (____) _____ Work Phone;(____) _____

Allergies _____ Other Medical Conditions: _____
Participant's Physician: _____
Work Phone;(____) _____ 2nd Phone;(____) _____ Medical
and/or Hospital Insurance Company: _____ Policy
Holder: _____ Policy# _____ Group# _____

PARENT'S APPROVAL AND MEDICAL RELEASE Recognizing the possibility of physical injuries associated with performing arts & sports and in consideration for the Urban Heat Academy Youth program and its affiliates accepting the registrant for its programs and activities ("the Program"), I hereby release, discharge and /or otherwise indemnify UHA, its affiliated organizations and sponsors, their employees and associated personnel, including the owner of the fields & Facilities utilized for the programs against any claim by or on behalf of the registrant as a result of the registrant's participation in the programs and/or being transported to or from the same which transportation I hereby authorize.

My son/daughter has received a physical examination by a physician and has been found physically capable of participating in the Programs. I hereby give my consent to have an athletic trainer and/or doctor of medicine or dentistry provide my son/daughter with medical assistance and/or treatment and agree to be responsible financially for the reasonable cost of each assistance and/or treatment.

_____ Signature of Parent/Guardian Date: _____

MEDIA RELEASE FORM

URBAN HEAT ACADEMY

I, _____, grant permission to Urban Heat Academy, hereinafter known as the "Media" to use images (photographs and/or video) for use in Media publications including:

- Videos - Email Blasts - Recruiting Brochures - Newsletters - Magazines - General Publications - Website and/or Affiliates

I hereby waive any right to inspect or approve the finished photographs or electronic matter that may be used in conjunction with them now or in the future, whether that use is known to me or unknown, and I waive any right to royalties or other compensation arising from or related to the use of the image.

Please initial the paragraph below which is applicable to your present situation:

_____ - I am 20 years of age or older and I am competent to contract in my own name. I have read this release before signing below, and I fully understand the contents, meaning and impact of this release. I understand that I am free to address any specific questions regarding this release by submitting those questions in writing prior to signing, and I agree that my failure to do so will be interpreted as a free and knowledgeable acceptance of the terms of this release.

_____ - I am the parent or legal guardian of the below named child. I have read this release before signing below, and I fully understand the contents, meaning and impact of this release. I understand that I am free to address any specific questions regarding this release by submitting those questions in writing prior to signing, and I agree that my failure to do so will be interpreted as a free and knowledgeable acceptance of the terms of this release.

Signature: _____ Date: _____

Name (please print): _____

Address: _____

Signature of parent or legal guardian: _____

(if under 20 years of age)

Urban Heat Academy P.O. Box 1172, Alameda, CA. 94501 Phone: (916) 546-5429

<http://www.urbanheatacademy.com>